

Past **Massachusetts Retailer of the Year**

Retailers' Association of Massachusetts
Past **Business of The Year**
Middlesex West Chamber of Commerce



Its simple: if you're not satisfied
with your order for any reason,
let us know and we'll make it right.

Open Everyday 6^{am} - 9^{pm}

Wine & Beer 10^{am} - 9^{pm} □ PM Pizza 4^{pm} - 9^{pm}

BYOB in the Smiling Duck Cafe

Mon - Fri 4^{pm} - 9^{pm} Sat - Sun 12 - 9^{pm}

Beer & Wine Shop closed Sun per Town ordinance

Free Delivery or Call ahead for pickup!*

978.369.0200

www.FernsCountryStore.com

*Everyday 4pm to 8:30pm • \$10 Minimum • Carlisle only • No Beer or Wine per state law

Fine Wines • Fabulous Beers • Delicious Delicatessen Sandwiches & Salads Boar's Head Sliced Meats & Cheeses • Fresh Baked Pastries • Coffees & Teas Groceries & Dairy • Breakfast and Luncheon Platters • Heat 'n Eat Dinners Pizza • Lovely Gifts & Assorted Curiosities



Ferns Cash

Larry Bearfield & Robin Emerson
Proprietors

8 Lowell Road • P.O. Box 31 • Carlisle, MA 01741-0031

Ferns Signature Sandwiches

\$6.59

Served with Ferns Famous Pickle Barrel Dill Spear
No substitutes (except breads) please

Carlisle Village

Maple Honey Ham, Smoked Maple Honey Turkey, Romaine Lettuce, Tomato Slices, Cream Cheese and Black Olive Spread with Light Spices on Nashoba Brook Sourdough Bread

Cranberry Bog

Oven Roasted Smoked Turkey Breast, Aged Cheddar Cheese, Romaine Lettuce, Tomato Slices, with an Appledore Cove Cranberry Salsa and Mayo spread on Nashoba Brook Rosemary Garlic Bread

Hail Caesar

Breaded Chicken Breast, Romaine Lettuce, Parmesan Cheese, Caesar Dressing in a White Wrap

Beef 'n Bleu

Seasoned Oven Roasted Beef, Bleu Cheese Sauce, Romaine Lettuce, Tomato Slices, Red Onions, Balsamic Vinegar Splash on Marble or Light Rye Bread

Ferns Veggie

Fresh Greens (but no ferns), Muenster Cheese, Red & Green Peppers, Red Onions, Cucumbers, Romaine Lettuce, Tomato Slices, Extra Virgin Olive Oil Drizzle and a Dash of Herbs and Spices on a Spinach Wrap

Greek Chicken

Breaded Chicken Breast, Crumbled Feta Cheese, Romaine Lettuce, Red Onions, Cucumbers and Kalamata Greek Olives in a Sun Dried Tomato Basil Wrap

Ham It Up

Maple Honey Ham, Muenster Cheese, Romaine Lettuce, Tomato Slices, Red Onions, Mayo with Light Honey Mustard Spread, on Marble or Light Rye Bread

Grass Skirt

Sweet Slice Smoked Ham, Iceberg Lettuce, Diced Tomatoes, Sprouts, with an Appledore Cove Pineapple and Mango Chipolte Salsa and Mayo Sauce, on a Wheat Wrap

Ferns Beach Club

Oven Roasted Smoked Turkey Breast, Bacon Strips, Tomato Slices, Romaine Lettuce, Mayo on Nashoba Brook French Bread

Pahty Gras

Cajun Turkey, Diced Tomatoes and Red Onions, Shredded Lettuce, Creamy Harvarti Cheese, with an Appledore Cove Four-Pepper Salsa and Mayo Sauce on a Tomato Basil Wrap (beads not included)



Boar's Head Meats, Cheeses and Hans Jurgen Pickles carried by Ferns are Gluten & MSG Free

Ferns Country Store features only Boar's Head meats and cheeses; Piantedosi of Boston rolls; Nashoba Brook, La Ronda and Quinzanis Bakers breads; Kettle Cuisine Gourmet soups and Whitey's Famous Chili

Ferntastic Classics

Comes with your choice of: Lettuce; Tomatoes; Onions; Pickles; Mayo; Hot Peppers; Ketchup;

Honey, Deli or Yellow Mustard; American, Deluxe Swiss or Picante Provolone Cheese

Meats, cheeses and toppings as listed no extra charge; Special order or substitute meats & cheeses or extra bacon add \$1.50

1/4 Pound Cafe Sandwich* \$5.59

Choice of: **Bread:** Sourdough, Light Rye, Marble Rye, White or Wheat

Wrap: White, Wheat, Sun Dried Tomato, Spinach or Basil Garlic

1/2 Pound Sub* \$5.85

on 8" Piantedosi of Boston Sub Roll

1 Pound Sub* \$6.59

on 10" Piantedosi of Boston Sub Roll

Real Italian Genoa Salami, Capocollo Ham, Picante Provolone Cheese and all the fixins including: Lettuce, Chopped Tomatoes, Diced White Onions, Pickles, Mayo and/or Extra Virgin Olive Oil, Red Wine Vinegar, Italian Herbs

American Cold Cut German Bologna, Sweet Slice Smoked Ham, American Cheese and all the fixins including: Lettuce, Chopped Tomatoes, Diced White Onions, Pickles, Mayo and/or Extra Virgin Olive Oil, Red Wine Vinegar, Italian Herbs

Ovengold Roasted Turkey Breast skinless, low fat, low cholesterol, preservative free

Sweet Slice Smoked Ham extra lean, delicious flavor

Seasoned Oven Roasted Beef medium rare with mouth-watering seasoning

Italian Meatball authentic & flavorful

Breaded Chicken Cutlet all white meat

Chunky Chicken Salad Ferns own with all white meat

Lemon Tuna Salad Ferns own with all white tuna

Egg Salad Ferns own with a touch of seasoning

Seafood Salad

BLT

First Cut Pastrami

German Bologna

Cheese your choice of one of our cheeses Sandwich/Wrap \$5.50 Subs \$5.59/\$5.99

PB&J on White or Wheat \$2.99

Ferns Chicken Fingers Breaded chicken fingers served with a side of dipping sauce. Choose Ferns

Honey Mustard mix or Marinara sauce. 4 strips. \$5.50

1/2 Sandwich/Sub (no 1/2 Wraps) \$3.30

1/2 Sandwich/Sub w/soup \$6.85

w/chili, stew or chowdah \$7.29

Fresh Homestyle Hearty Soups 12oz. Cup 16oz. Bowl

Soup du Jour \$3.55 \$4.45

Chili (always available!) \$3.99 \$4.80

Chowda, Stew du Jour \$3.99 \$4.80

Fresh Made Salads with choice of dressing (Available in our Grab 'n Go case)

Garden Salad \$4.75

Greek Salad \$5.55

Chef's Salad \$6.10

Cranberry & Walnut Garden Salad \$6.25

Bacon Garden Salad \$6.20

Grilled Chicken Garden Salad \$6.10

Add Tuna, Egg or Chicken Salad \$2.00

Prices do not include MA Meals Tax *Weights approximate and may vary depending on type of sandwich or sub.

Ferns Italian-Style Pressed Panini

\$7.59

Our signature panini are served on fresh artisan breads
grilled on an authentic Italian-style panini press

Traditional Tuna Melt

Tuna, American or Premium Aged Swiss Cheese, and Tomato Slices on Nashoba Brook French Bread (add Ham + \$1.50)

Cordon Bleu

Chicken Breast, Sweet Slice Smoked Ham, Premium Aged Swiss Cheese, Sour Cream on Flat Ciabatta Bread

Goblin' Turkey

Cracked Pepper Turkey, Roasted Peppers, Red Onions, Diced Tomatoes, Cheddar Cheese, Four Pepper Salsa and Sour Cream Sauce in a White Wrap

Cheesy Hamlet

Honey Maple Ham, Premium Aged Swiss Cheese, Deli Mustard, Tomato Slices on Marble Rye Bread

Pilgrim's Praise

Ovengold Roasted Turkey Breast, Almond Slices, Cranberry Sauce, Granny Smith Apple Slices in a Wheat Wrap

Little Italy

Genoa Salami, Capocollo Ham, Pepperoni, Roasted Red Peppers, Picante Provolone Cheese, Italian Herbs with Red Wine Vinegar and Extra Virgin Olive Oil Drizzle on an Italian Roll

Four Cheese Please

Picante Provolone, Cheddar, Creamy Havarti and Mozzarella Cheeses melted over Tomato Slices on Nashoba Brook Sourdough Bread

Bikini Panini

Mixed Field Greens, Tomatoes, Carrots, Sprouts, Red Onions, Olives, Cucumbers, Picante Provolone Cheese, Herbs & Spices, Extra Virgin Olive Oil & Red Wine Vinegar Splash in a Sun-dried Tomato Wrap

Boar's Head Sliced Meats & Cheeses

Call Ahead! 978.369.0200

Why Leave Town? Ferns' Deli can supply you with your sliced meats and cheeses.

In addition, Ferns also carries a wide selection of Boar's Head and Heat 'n Eat products in our grocery including:
Full & Half Rack Pre-cooked Pork Ribs, All-Beef Frankfurters with natural casings, Pepperoni, Abruzzese & Sopressata Sticks, Buffalo Wings, Meat Lasagna, Meatballs, Stuffed Peppers,

Free delivery 4 pm - 8:30 pm*
Pizza, Sandwiches, Ribs, Milk, Eggs, Ice Cream, Pies, Chips, Soda. . . Anything you need.

\$10 Minimum • Carlisle only • No Beer or Wine per state law



Sicilian-style 18" sheet pan pizzas made to order from the highest quality products like Boar's Head Meats, 100% Whole Milk Mozzarella Cheese, Pure Extra Virgin Olive Oil and Fresh Veggies – all baked to perfection.

Pizzas made on White Artisan Pizza Crust (unless specified)
Choose Lo Carb 100% Wheat (1.00 extra)

Everyday 4 pm - 9 pm

The Big Cheese A delicious combination of Fresh Shredded Mozzarella, Grated Pecorino Romano, Goat, and Ricotta Cheeses, a Dash of Fresh Basil and Oregano on a White Artisan Pizza Crust
No Sauce \$14.55 With Traditional Tomato Sauce \$14.99

The Brimfield Garden Fresh Diced Tomatoes, Mini Broccoli Spears, Mushroom Slices, Red and Green Peppers, Red Onions, Black Olives, Fresh Basil, with Fresh Shredded Mozzarella & Grated Pecorino Romano Cheeses, Traditional Tomato Sauce, and a Dash of Oregano on a 100% Whole Wheat Artisan Pizza Crust \$15.95

Meatie Sweetie Traditional Tomato Sauce combined with Italian Pepperoni, Italian Meatballs, Canadian Bacon, Genoa Salami, Fresh Shredded Mozzarella, and Grated Pecorino Romano Cheeses, and a Dash of Oregano on a White Artisan Crust \$17.25

Here Chickie Chickie Grilled Chicken Breast, Roasted Red Peppers, Garlic, Fresh Shredded Mozzarella and Grated Pecorino Romano Cheeses, a Dash of Fresh Basil and Oregano, and Traditional Tomato Sauce on a White Artisan Crust \$13.99

Carlisle Classic Shredded Fresh Mozzarella Cheese with Traditional Tomato Sauce on a White Artisan Crust \$9.99

Need More or Extra Toppings?

\$1.00 each:

Black Olives
Broccoli Spears
Diced Tomatoes
Green Peppers
Mushroom Slices
Red Onions
Red Peppers
Roasted Red Peppers

~~\$1.75 ea~~
Bacon
Chicken
Meatball
Pepperoni
Extra Mozzarella



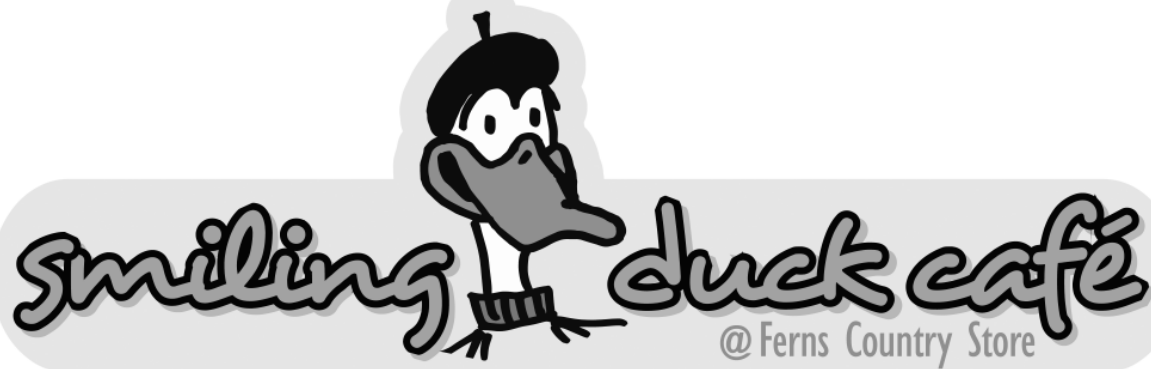
Homemade Garlic Bread (enough for 2) made on a Piantedosi of Boston Roll, with a Garlic Butter Spread and a Sprinkle of Parsley \$ 1.75

Mac & Cheese Everyone's favorite comfort food 16oz \$5.15

American Chop Suey Delicious and meaty 16oz \$5.15

Meat Lasagna As Italian as it gets! \$5.99/lb

Stuffed Peppahs Beef, cheese, rice...mmm \$7.85/lb



Come. Sit. Chat. Drink. Eat. ™



Ferns Smiling Duck indoor and outdoor cafés are the perfect places to enjoy a quick breakfast, a lunch with friends or evening pizza with the family.



Need a meeting place?
The Duck is available for rental.

BYOB

The Smiling Duck Cafe
Mon - Fri 4 pm - 9 pm
Sat - Sun 12 - 9 pm

Before placing your order, please inform your server if a person in your party has a food allergy.

The Carlisle Board of Health requires us to remind you that consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. We receive products from a variety of vendors. To assist you in making more informed choices, Ferns maintains manufacturer ingredient and nutritional information on our deli and bakery products - ask to see the binders in the store! If you have allergies and are uncertain about any of our food contents please play it safe and purchase something else.

Prices and menu items may change without notice.

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